

Order of Events – Quinter Youth Track Meet

Field Events Start at 10am – All field events except high jump are cafeteria style. 3 attempts in all throws and jumps.

Boys long/triple jump – south pit

Girls long/triple jump – middle pit

5/6 year olds long jump – north pit

Girls shot put – north ring

Boys shot put – south ring

Discus – south end of football practice field

Girls softball throw – south end of football field

Boys softball throw – north end of football field

Turbo Javelin – north end of football practice field

Running Events will start when field events are finished, hopefully about noon.

Order of Running Events:

100m Hurdles

800m Run

100m Dash

50m Dash

50m Hurdles

50m Fun Run for ages 4 and under

200m Dash

1600m Run

200m Hurdles

400m Dash

4x100 Relays – We will combine age groups for 5-6 and 7-8 year olds. No medals or ribbons but everyone will get a popsicle.

Medley Relay for 9-10 and 11-12 year olds – 100,100,200,400 (medals/ribbons will be awarded).

Parents 4x100 Relay – can be coed, winners get a box of DQ Dilly Bars

*A concession stand will be available.

*Meet results will be posted at the meet only (sorry we are poor ;)).

Shot Put:

3lb: 7-8 boys and girls, 9-10 Girls

4lb: 9-10 Boys, 11-12 Girls

6lb: 11-12 Boys

Turbo Jav:

300 g: 5-6 Boys and Girls, 7-8 Boys and Girls

400 g: 9-10 Boys and Girls

500 g: 11-12 Boys and Girls

Discus:

1kg: 9-10 Boys and Girls and 11-12 Boys and Girls