



## **Russell Track Club Youth Track Meet**



**Sunday May 07, 2017 @ 12:00p.m. – Russell High School Track**

This is not an AAU Sanctioned meet.

There will be 3 age divisions (girls & boys in each) based upon current grade in school.

<b>Division 1 (Grades 1st &amp; 2nd)</b>	<b>Division 2 (Grades 3rd &amp; 4th)</b>	<b>Division 3 (Grades 5th &amp; 6th)</b>
50 meter Dash	100 meter Dash	100 meter Dash
100 meter Dash	200 meter Dash	200 meter Dash
200 meter Dash	400 meter Dash	400 meter Dash
400 meter Dash	800 meter Run	800 meter Run
800 meter Run	1600 meter Run	1600 meter Run
4x100 meter Relay	4x100 meter Relay	100 meter Hurdles (30 in.)
Long Jump	Long Jump	4x100 meter Relay
Turbo Javelin (300 Gram)	High Jump	Long Jump
	Turbo Javelin (400 Gram)	High Jump
	Shot Put (G-3lb & B-4lb)	Turbo Javelin (500 Gram)
		Shot Put (G-4lb & B-6lb)
		Discus (B&G – 1kg)

**\*Field Event Equipment will be provided by Russell Track Club**

Early registration is appreciated, fee is \$15.00, ends Saturday May 06, at 11:59pm. Walk-up registration is accepted, fee is \$20.00. Fees are per athlete registered. There will be **NO REFUNDS** and **Bad Weather cancels this meet.**

Athletes will be allowed to enter up to a maximum of 4 events – 3 individual + 1 relay!

Participants will be allowed 3 attempts in all throws and jumps.

All running events are final against time, no Prelims.

*Schedule:*

10:30 – Walk-up registration begins, please allow sufficient time in case of a line!!

**11:30 – Walk-Up Registration Closes, Emailed Form Check-in Confirmation Closes**

11:45 – Field event check-in and warm-up begins at events

**12:00 – Field Events Begin!**

1:00 – Running event check-in begins

**1:30 – Running Events Begin!**

**Day of meet announcements will take precedence over printed material!**