

**Meet Sign-up for  
ARC of the Central Plains Track Meet**

**DO NOT SUBMIT THIS FORM TO ARC, TURN THIS FORM IN AT PRACTICE!**

**This form must be completed in order to submit entry to ARC-Hays, and must be turned in NO LATER than TUESDAY, MAY 18, 2021.**

**\*\* This meet will take the place of practice on June 2\*\***

**DATE OF MEET:                    WEDNESDAY, JUNE 2, 2021     5:30 PM**  
**FHSU Track**  
**Hays, KS**

**ATHLETE'S NAME .....** \_\_\_\_\_

**PHONE NUMBER .....** \_\_\_\_\_

**Age Division .....** \_\_\_\_\_  
**(Based on 2020 Age)**

**Age Divisions:     5 - 6   7 - 8   9 - 10   11 - 12   13 - 14   15 - 16   17 - 18**

**ALL ATHLETES MAY COMPETE IN FOUR EVENTS**

**AVAILABLE EVENTS:**

**100 M Racewalk, 200 M Racewalk, 400 M Racewalk, 50 m Dash, 100 m Dash,  
800 m Run, 1500 m Run, 3000 m Run, 4x100 Relay, (NO FIELD EVENTS)**

**EVENTS:**                    1. \_\_\_\_\_

    2. \_\_\_\_\_

    3. \_\_\_\_\_

    4. \_\_\_\_\_

**ALTERNATE EVENT:** \_\_\_\_\_

**My signature verifies that I have seen this sign-up sheet and that my child will be attending the track meet in Hays on WEDNESDAY, JUNE 2, 2021:**

\_\_\_\_\_  
Signature of Parent/Guardian