

# LANCE LENARD MEMORIAL SCHOLARSHIP INDOOR MEET

## Meet Information

Sunday, February 11, 2018

Field Events begin at 8:00 a.m., Track Events at 10:00 a.m. All events will be held in Ahearn Field House on the Ward Haylett Track. The track surface is Rekortan and the shot put/weight throw ring is concrete.

Events will be contested in the following age groups: 8U, 9-10, 11-12, 13-14, 15-18. Age determination is based on age at time of Registration Deadline.

Limit of 4 entries per HS athlete/3 for MS & Under. This includes all Relay's.

Medals will be awarded to top 3 athletes in each age group for each event. Awards will be given in the upper gym 30 minutes after posting of the results.

There is a \$25.00 entry fee per athlete. Entries must be done ON-LINE at MileSplit (<http://ks.milesplit.com/meets/296272/info#.WlQ4fSOZNIa>). Entries will close at 11:59 p.m. on Thursday, February 8, 2018.

Each competitor will be allowed one false start in 8U, 9-10, 11-12 age groups. There will be no false starts allowed for competitors in grades 13-14, 15-18 age groups.

**PROTEST POLICY:** A statement written on a provided form must be filed within 30 minutes of the alleged incident or after results have been posted. Statement must be submitted to the Meet Director. Filing fee is \$100.00. The fee will be forfeited if the protest is not upheld. **Judgment calls cannot be protested!**

**ABSOLUTELY NO SPECTATORS/PARENTS WILL BE PERMITTED ON THE TRACK OR INFIELD. ATHLETES ONLY ON THE INFIELD WARM-UP AREA. NO COMPETITION VIDEO OR PHOTOS MAY BE SHOWN TO THE ATHLETE DURING COMPETITION**

1/8<sup>th</sup> inch or ¼ inch spikes only. No needle spikes are compressional spikes allowed. Spikes will be checked by start line clerk prior to beginning of each race. Athletes will not be allowed to compete with shoes not meeting requirements.

Clerking for all running events will occur in the upper gym. Athletes must report to the clerking area no later than 30 minutes prior to their race. Check in for field events is at the field event venue.

In the Horizontal jumps, more than one take-off board will be used. Long jump boards will be set at 1 meter, 3 meter and 4.5 meter. Triple Jump boards will be set at 7 meters, 8 meters, and 9 meters. Take off boards will be white tape with orange cones placed on both sides of board. Each jumper must declare prior to each jump which board he/she will use.

High Jump height will begin no lower than 1 meter.

Meet management will have a limited number of throw implements available for use. All personal implements used by athletes will be pooled for use. Personal implements must be checked in no later than 7:30 a.m.. 'Weigh-In' is located in the Northeast corner of the Field House.

Live results available @ [www.heartlandtiming.com](http://www.heartlandtiming.com)

For Questions or assistance prior to the meet: Connie Brand, Meet Director, [cbrand1352@gmail.com](mailto:cbrand1352@gmail.com) OR Rhonda Parr, Lance Lenard Scholarship Board, [rparrtrack@embarqmail.com](mailto:rparrtrack@embarqmail.com)

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This is a rolling schedule so you are responsible for being at your event on time. PA announcements will be made throughout the day. All athletes must report in for any field event. There will be a short lunch break taken during the day when and if necessary.

## FIELD EVENTS

8:00am	Weight throw	3prelim/3 finals	13-14, 15-18 - Girls followed by boys
following weight	Shot put	3prelim/3 finals	15-18, 8U, 9-10, 11-12, 13-14 - Girls followed by boys
9:00am	long jump	3prelim/3 finals	8U, 9-10, 11-12, 13-14, 15-18 - Girls followed by boys
following LJ	Triple jump	3prelim/3 finals	13-14, 15-18 - Girls followed by boys
8:00am	High Jump	15-18 - Girls followed by Boys	
	High Jump	9-10, 11-12, 13-14 - Girls followed by Boys	
10:00am	Pole Vault	13-14, 15-18 – Girls followed by Boys	

## TRACK EVENTS

rolling schedule	Hurdles Prelims	Prelims/ finals only on 200m and below. All other run as finals on time
starting at 10:00am	60m Prelim	
	1600m finals	Races with prelims having six or less competitors will be runs as finals
	200m prelims	
	800m finals	
	4x200	
	1600mRW finals	All events will run youngest to oldest. Girls followed by boys
	400m finals	
	Hurdle finals	Meet management reserves the right to combine ages and genders in events/flights.
	60m final	
	200m finals	
	3200 finals	
	4x400	