

**Rooks County Track Club Track Meet Schedule of Events**

**Field Events 12:30**

Long Jump (West Pit) - Boys	4-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	13-14 yrs
Long Jump (East Pit) - Girls	4-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	13-14 yrs
Shot Put (North) - Girls	11-12 yrs	9-10 yrs	13-14 yrs		
Shot Put (South) - Boys	11-12 yrs	9-10 yrs	13-14 yrs		
High Jump	9-10 G,B	11-12 G,B	13-14 B,G		
Softball Throw (Practice Field)	7-8 G,B	4-6 G,B			
Discus (Practice Field)	11-12 G,B	9-10 G,B	13-14 G,B		
Javelin (Practice Field)	7-8 B,G	4-6 B,G	11-12 G,B	9-10 G,B	13-14 yrs

**Running Events 2:00**

All running events will run youngest to oldest age groups with girls followed by boys.

100 meter hurdles

800 meter

100 meter

50 meter

400 meter

1600 meter

200 meter

4X100 meter relay