

Rooks County Track Club Track Meet Schedule of Events					
<u>Field Events 12:30</u>					
Long Jump (West Pit) - Boys	4-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	13-14 yrs
Long Jump (East Pit) - Girls	4-6 yrs	7-8 yrs	9-10 yrs	11-12 yrs	13-14 yrs
Shot Put (North) - Girls	11-12 yrs	9-10 yrs	13-14 yrs		
Shot Put (South) - Boys	11-12 yrs	9-10 yrs	13-14 yrs		
High Jump	9-10 G,B	11-12 G,B	13-14 B,G		
Softball Throw (Practice Field)	7-8 G,B	4-6 G,B			
Discus (Practice Field)	11-12 G,B	9-10 G,B	13-14 G,B		
Javelin (Practice Field)	7-8 B,G	4-6 B,G	11-12 G,B	9-10 G,B	13-14 yrs
<u>Running Events 2:00</u>					
All running events will run youngest to oldest age groups with girls followed by boys.					
100 meter hurdles					
800 meter					
100 meter					
50 meter					
400 meter					
1600 meter					
200 meter					
4X100 meter relay					