# **GCRC YOUTH TRACK MEET**

Hill City, KS, for students ages 4-12 (up to 6<sup>th</sup> grade)

Saturday, May 7 Check in 30 minutes prior to events.

Field Events begin at 10:00am. Running Events begin at 12:00pm.

Please complete 1 registration form per athlete. Pre-registration is required. No race-day registrations will be accepted.

Registration deadline is MONDAY, May 2, 2022

Participants Name:			Date of Birth:	
Gender (please circle):	Male	Female	Age on day of Meet:	
School/Club			Phone:	
	Recreation	Commission, the Ci	•	and will not hold the HCGS PTO, per/volunteer responsible for any
Parent/Guardian Signatu	ıre:		Da	ate:
Awards: Medals will be	awarded to t	the top three in eac	n event. Ribbons will be given	to 4 <sup>th</sup> -6 <sup>th</sup> place in each event.
Limit of 3 events per ath	lete. This lin	mit does not include	e participating in team relays	Please circle your event choices.

### **4-6 AGE DIVISION**

Limit of 3 events

50 Meter Dash	Long Jump	
100 Meter Dash	Softball Throw	
200 Meter Dash	50 Meter Hurdles 12"	

#### 9-10 AGE DIVISION

Limit of 3 events + relay option

50 Meter Hurdles 30"	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Shot Put
400 Meter Dash	Turbo Javelin
800 Meter Dash	4x100 Meter Relay

#### **7-8 AGE DIVISION**

Limit of 3 events + relay option

Limit of 3 events + relay option				
50 Meter Dash	Long Jump			
100 Meter Dash	Softball Throw			
50 Meter Hurdles 20"	Turbo Javelin			
200 Meter Dash	4x100 Meter Relay			
400 Meter Dash				

#### 11-12 AGE DIVISION

Limit of 3 events + relay option

100 Meter Hurdles 30"	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Shot Put
400 Meter Dash	Discus
800 Meter Run	Turbo Javelin
1600 Meter Run	4x100 Meter Relay

## For questions contact:

Chris Gansel at 785-216-0876 or gcrc.hc@gmail.com

The meet will be held at the Hill City Junior Senior High School Track.

There will be a concession stand available.

Entry Fee: \$15.00 per participant. DUE 5/02/22

\*For GCRC track club members: entry fee is \$7.50

Make check payable to GCRC.

Entry Fees are non-refundable.

Mail or drop off registration forms and checks to:

GCRC

PO Box 22

**Hill City, KS 67642** 

Teams can also email a spreadsheet of entries to scottschulz@usd281.com and bring forms and money to meet.