

ROOKS COUNTY YOUTH TRACK MEET

Sponsored by Plainville/Stockton Recreation Commission and Rooks County Track Club

Saturday April 15th 2023
Field Events begin at 10:00am

Check-in at 9:00am
Running Events begin at 12:00pm

Please complete 1 registration form per athlete. No race-day registrations will be accepted.

Registration deadline is Monday, April 10th 2023.

Participants Name: _____ **Date of Birth:** _____

Gender (please circle): **Male** **Female** **Age on day of Meet:** _____

Phone: _____ **School or Track Club:** _____

I give permission for the above athlete to participate in the Rooks County Youth Track Meet and will not hold the Rooks County Track Club, Plainville/Stockton Recreation Commission, USD 270, the City of Plainville or any meet helper/volunteer responsible for any accidents, theft or injury that may occur at this meet.

Parent/Guardian Signature: _____ **Date:** _____

Awards: Medals will be awarded to the top three in each event. Ribbons will be given to 4th-6th place in each event.
Limit of 3 events per athlete. This limit does not include participating in team relays.

4-6 AGE DIVISION

Limit of 3 events

50 Meter Dash	Long Jump (running)
100 Meter Dash	Softball Throw
200 Meter Dash	Turbo Javelin

7-8 Age Division

Limit of 3 events+1 relay option

50 Meter Dash	Long Jump (running)
100 Meter Dash	Softball Throw
200 Meter Dash	Turbo Javelin
400 Meter Dash	4X100 Meter Relay

9-10 AGE DIVISION

Limit 3 events + 1 relay option

75 Meter Hurdles 30in	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Discus
400 Meter Dash	Shot Put
800 Meter Run	Turbo Javelin
1600 Meter Run	4X100 Meter Relay

11-12 AGE DIVISION

Limit 3 events + 1 relay option

100 Meter Hurdles 30in	Long Jump
100 Meter Dash	High Jump
200 Meter Dash	Discus
400 Meter Dash	Shot Put
800 Meter Run	Turbo Javelin
1600 Meter Run	4X100 Meter Relay

Entry Fee: \$15.00 per participant.

Make check payable to PRC (Plainville Recreation Commission). Entry Fees are non-refundable.

**Mail or drop off registration forms and checks to: Plainville Recreation Commission,
110 S. Main Street, Plainville KS**

For questions contact:

Tanya Meyers at 785-434-6512 or qtmeyers@gmail.com

Dylan Wallace at 785-737-6220 or plainvillerecreation@gmail.com

The meet will be held at the Plainville High School Track.