

HESSTON YOUTH TRACK MEET

When: Saturday, May 6, 2023

Where: Hobbs Stadium, Hesston High School, Hesston, KS

Time: See the following page for an approximate schedule of events and times.

Other: **Entry Fee is \$15.00 per athlete.** There is no refund policy in effect. All efforts will be made to run the meet. No event protests will be allowed. All athletes may compete in up to 4 total events at this meet.

Competitors who place 1st - 8th will receive awards!

Medals will be given for 1st through 3rd place, and ribbons will be given for 4th through 8th place. Awards can be picked up at the South end of the stadium after your event results have been announced.

Jason Peters and Shannon Rewerts of Hesston will officiate all races. Day of the meet announcements take precedence over printed material. For questions pertaining to the meet contact Jason Peters at 620-327-7122/ jason.peters@usd460.org or Shannon Rewerts at 620-327-7111/shannon.rewerts@usd460.org



ONLINE REGISTRATION ONLY!!!

Registration and payment will be completed online. We are also going to cap the number of entrants at 300 athletes in order to keep the meet manageable.

DEADLINE TO REGISTER: MONDAY, MAY 1.

Directions to register online: Go to <https://hs.hesstonschools.org/o/hhs/page/swather-track>

Select **Hesston Youth Track Meet Information** on the left side of the page to access the registration form, payment link, and other details for the meet.

Group 1: Girls and Boys—Pre-K & Kindergarten - 4 Events Total

Events: 25M Dash, 50M Dash, 100M Dash, Standing Long Jump, Softball Throw, Running Long Jump

Group 2: Girls and Boys—1st & 2nd Grade - 4 Events Total

Events: 50M Dash, 100M Dash, 200M Dash, 400M Dash, Long Jump, Softball Throw, 4x100M Relay, **Sprint Medley Relay (100-100-200-400)**

Group 3: Girls and Boys—3rd & 4th Grade - 4 Events Total

Events: 100M Dash, 200M Dash, 400M Dash, 800M Run, 1600M Run, Long Jump, High Jump, Shot Put, Discus, Turbo Javelin, 4x100M Relay, **Sprint Medley Relay (100-100-200-400)**

Group 4: Girls and Boys—5th & 6th Grade - 4 Events Total

Events: 100M Dash, 200M Dash, 400M Dash, 800M Run, 1600M Run, Long Jump, High Jump, Shot Put, Discus, Turbo Javelin, 4x100M Relay, **Sprint Medley Relay (100-100-200-400)**

****400g Turbo Javelin, 6 lb. Shot Put, and 1 kg Discus will be used****

****3 Attempts in all Field Events****

****RELAYS WILL REGISTER THE DAY OF THE MEET -- COACHES WILL FILL OUT RELAY CARDS OR MAKE CHANGES AT THE REGISTRATION TABLE BY 9:30 AM.**

Order of Events and Times – May 6, 2023

All times are approximations and are subject to change.

Pre-K through 2nd grade will have running events in the morning and field events in the afternoon.

3rd through 6th grade will have field events in the morning and running events in the afternoon.

9:00 Field Events:

Long Jump – 3rd/4th Girls and 5th/6th Girls

High Jump – 3rd/4th Boys and 5th/6th Boys

Shot Put (6 lb.) – 3rd/4th Boys and 5th/6th Boys

Turbo Javelin (400g) – 3rd/4th Girls and 5th/6th Girls

Discus (1 kg) – 3rd/4th Girls and 5th/6th Girls (at approximately 9:30)

10:00 Field Events:

Long Jump – 3rd/4th Boys and 5th/6th Boys

High Jump – 3rd/4th Girls and 5th/6th Girls

Shot Put (6 lb.) – 3rd/4th and 5th/6th Girls

Turbo Javelin (400g) – 3rd/4th Boys and 5th/6th Boys

Discus (1 kg) – 3rd/4th and 5th/6th Boys (at approximately 10:30)

12:00 Field Events:

Standing Long Jump – Pre-K/K Boys

Long Jump – Pre-K/K Boys and 1st/2nd Boys

Softball Throw – Pre-K/K Girls and 1st/2nd Girls

1:00 Field Events:

Standing Long Jump – Pre-K/K Girls

Long Jump – Pre-K/K Girls and 1st/2nd Girls

Softball Throw – Pre-K/K Boys and 1st/2nd Boys

Running Events:

<i>10:00 AM</i>	<i>50M Dash</i>	<i>Pre-K/K and 1st/2nd</i>
<i>~10:20</i>	<i>25M Dash</i>	<i>Pre-K/K</i>
<i>~10:30</i>	<i>100M Dash</i>	<i>Pre-K/K and 1st/2nd</i>
<i>~10:50</i>	<i>4x100M Relay</i>	<i>1st/2nd</i>
<i>~11:00</i>	<i>400M Dash</i>	<i>1st/2nd</i>
<i>~11:15</i>	<i>200M Dash</i>	<i>1st/2nd</i>
<i>~11:30</i>	<i>Sprint Medley Relay</i>	<i>1st/2nd</i>
<i>12:00 PM</i>	<i>100M Dash</i>	<i>3rd/4th and 5th/6th</i>
<i>~12:30</i>	<i>1600M Run</i>	<i>3rd/4th and 5th/6th</i>
<i>~1:00</i>	<i>4x100M Relay</i>	<i>3rd/4th and 5th/6th</i>
<i>~1:20</i>	<i>400M Dash</i>	<i>3rd/4th and 5th/6th</i>
<i>~1:40</i>	<i>800M Run</i>	<i>3rd/4th and 5th/6th</i>
<i>~2:00</i>	<i>200M Dash</i>	<i>3rd/4th and 5th/6th</i>
<i>~2:30</i>	<i>Sprint Medley Relay</i>	<i>3rd/4th and 5th/6th</i>