

3RD ANNUAL GE LIGHTNING TRACK & FIELD CLASSIC



June 15th, 2019

Trail Ridge Middle School

495 E. Grand Street, Gardner, KS 66030 | 913-856-2008

geycp@usd231.com



TIME

7:45 am -- Race Walk Start

8:00 am -- Field Events Start

ENTRY FEE

\$17 per athlete / U8 - U12 Max 3 Events / 13& up Max 4 Events

Register at www.coacho.com or at www.usd231.com/geycp

Deadline to register is June 13th

GATE

Adults - \$5/ Athletes, Coaches with valid AAU card and 6 and under - Free

Gates open at 7:00 am

AWARDS

First through Third place finishers in each division and event will be awarded medals.

***Medals may be picked up 30 minutes after the results have been posted

FIELD EVENTS

Field Events begin at 8:00 am

Field Events will be 4 attempts, No Final
(Rolling Schedule)

Long Jump, Triple Jump, Discus, Shot Put, High Jump,
Javelin, Pole Vault

RUNNING EVENTS

1500 race walk, 3000 race walk, 3000m run, 80m hurdles,
100m hurdles, 110m hurdles, 4 x 800m relay, 100 m, 4 x
100m, 400 m, 1500m, 200m hurdles, 400m hurdles, 800 m,
200 m, 4 x 400m

*****See meet schedule on COACHO for a more
detailed order of events sheet*****