



Russell Track Club Youth Track Meet



Sunday April 29, 2018 @ 12:00p.m. – Russell High School Track

This is not an AAU Sanctioned meet.

There will be 3 age divisions (girls & boys in each) based upon current grade in school.

Division 1 (Grades 1st & 2nd)	Division 2 (Grades 3rd & 4th)	Division 3 (Grades 5th & 6th)
50 meter Dash	100 meter Dash	100 meter Dash
100 meter Dash	200 meter Dash	200 meter Dash
200 meter Dash	400 meter Dash	400 meter Dash
400 meter Dash	800 meter Run	800 meter Run
800 meter Run	1600 meter Run	1600 meter Run
4x100 meter Relay	4x100 meter Relay	100 meter Hurdles (30 in.)
Long Jump	Long Jump	4x100 meter Relay
Turbo Javelin (300 Gram)	High Jump	Long Jump
	Turbo Javelin (400 Gram)	High Jump
	Shot Put (G-3lb & B-4lb)	Turbo Javelin (500 Gram)
		Shot Put (G-4lb & B-6lb)
		Discus (B&G – 1kg)

***Field Event Equipment will be provided by Russell Track Club**

Early registration is appreciated, fee is \$15.00, ends Saturday May 06, at 11:59pm. Walk-up registration is accepted, fee is \$20.00. Fees are per athlete registered. There will be **NO REFUNDS** and **Bad Weather cancels this meet.**

Athletes will be allowed to enter up to a maximum of 4 events – 3 individual + 1 relay!

Participants will be allowed 3 attempts in all throws and jumps.

All running events are final against time, no Prelims.

Schedule:

10:30 – Walk-up registration begins, please allow sufficient time in case of a line!!

11:30 – Walk-Up Registration Closes, Emailed Form Check-in Confirmation Closes

11:45 – Field event check-in and warm-up begins at events

12:00 – Field Events Begin!

1:00 – Running event check-in begins

1:30 – Running Events Begin!

Day of meet announcements will take precedence over printed material!



Russell Track Club Youth Track Meet



Participant Name: _____

Participant Phone #: _____ Email: _____

Participant Town: _____

Participant Grade: _____ Division: (circle) Division 1 Division 2 Division 3

Gender - (circle): Boy or Girl

Did You Participate in this meet last year? (circle): YES or NO

May select up to 4 events maximum: 3 individual + 1 relay

1st Event- _____ 2nd Event- _____ 3rd Event- _____

IF RELAY- 4x100

Please List Relay Runners Below:

1) _____ 2) _____ 3) _____ 4) _____

Medals will be awarded for places 1st – 3rd, and ribbons for 4th – 6th.

Concession stand will be available until completion of meet.

Russell High School Track is located at: 565 State St.

Please email completed entry forms to russelltrackclub@gmail.com or print and mail w/check to

Russell Track Club
3696 184th St.
Russell, KS 67665

An email confirmation will be sent after entry is received!

Payment is due at check-in on emailed forms

Questions: Please email the above listed address or call (785)483-1378

RELEASE OF LIABILITY

It is specifically understood the participation in track and field events has potential dangers. I acknowledge that potential and understand that the Russell Track Club and its workers are not liable for any claims arising out of injury or accident.

Parent/Guardian Signature: _____ Date: _____

Participant Name: _____