SCHEDULE OF EVENTS: MULTI – EVENTS

Day One – Thursday, June 21, 2018

All events will be contested approximately 30 minutes after the preceding event is completed.

		Boys												Girls										
		9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years		9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	**Event**																							
11:30AM	Decathlon: 100M Dash, LJ #1, SP #1, HJ #1, 400M Dash										x	x												
11:45AM	Heptathlon: 100M Hurdles, HJ #1, SP#1, 200M Dash																						x	x

SCHEDULE OF EVENTS: MULTI – EVENTS

Day Two – Friday, June 22, 2018

All events will be contested approximately 30 minutes after the preceding event is completed.

		Boys												Girls										
		9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years		9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	**Event**																							
9:00AM	Heptathlon: LJ #1, Javelin, 800M Run																						x	x
	Decathlon: 110M Hurdles, Discus, Pole Vault, Javelin, 1500M Run										x	x												
9:15AM	Pentathlon: 80M Hurdles, LJ#1, SP #1, HJ #1, 1500M Run				x	x																		
9:30AM	Pentathlon: 80M Hurdles, HJ #2, SP #1, LJ#1, 800M Run																x	x						
10:00AM	Pentathlon: 100M Hurdles, LJ#1, SP #1, HJ #1, 1500M Run							x	x															
10:15AM	Pentathlon: 100M Hurdles, HJ #2, SP #1, LJ#1, 800M Run																			x	x			
3:30PM	Triathlon: SP #1, HJ #1, 400M Dash	x	x																					
3:30PM	Triathlon: SP #2, HJ #2, 200M Dash													x	x									

SCHEDULE OF EVENTS: TRACK & FIELD EVENTS

Day Two – Friday, June 22, 2018

All Running Events will start at the designated time listed each day All events, with the exception of the 100M Dash and 200M Dash, will be contested as **Timed Finals**.

		Girls													Boys											
		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	**Event**																									
3:00 PM	**Triple Jump** (Girls first, then Boys in each Age Group)								x	x		x	x									x	x		x	x
6:30 PM	**1500M Racewalk** (All Age Groups Combined)		x	x		x	x									x	x		x	x						
	3000M Racewalk (All Age Groups Combined)								x	x		x	x									x	x		x	x
	2000 Steeplechase: Girls first, then Boys											x	x												x	x
	Turbo-Javelin (400 pm)		3rd	4th		1st	2nd									3rd	4th		1st	2nd						

SCHEDULE OF EVENTS: TRACK EVENTS

Day Three – Saturday, June 23, 2018

All events, with the exception of the 100M Dash and 200M Dash, will be contested as **Timed Finals**. *A Lunch Break will be taken after the 100M Dash Prelims or near the noon hour.*

		Girls												Boys											
		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	**Event**																								
9:00 AM	3000M Run (Age Groups may be combined)					X	X		X	X		X	X					X	X		X	X		X	X
	110M Hurdles																							X	X
	100M Hurdles								X	X		X	X								X	X			
	80M Hurdles					X	X											X	X						
	100M Dash Prelim (Top 8 Advance to Finals)	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X
	400M Dash TIMED FINAL	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X
	200M Hurdles TIMED FINAL								X	X											X	X			
	400M Hurdles TIMED FINAL											X	X											X	X
	200M Dash Prelim (Top 8 Advance to Finals)	X	X	X		X	X		X	X		X	X	X	X	X		X	X		X	X		X	X
	4x800 M Relay (Age Groups combined by gender)						X			X		X	X						X			X		X	X

SCHEDULE OF EVENTS: FIELD EVENTS

Day Three – Saturday, June 23, 2018

All Field Events will begin at **8:00 AM** and be on a rolling schedule. *For example: Long Jump Pit #1 will start with Sub-Bantam Girls followed by Bantam Girls, Sub-Midget Girls and Midget Girls.* Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

Long Jump, Triple Jump, Shot Put, Discus and Javelin will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws. **Triple Jump for all Age Groups will be contested immediately following the YM and YW Long Jump on Saturday.*

DT – Discus PV – Pole Vault H J (#) – High Jump (Pit) LJ (#) – Long Jump (Pit SP (#) – Shot Put (Ring)
Turbo Javelin (Starts @ 1 pm)

	Girls												Boys											
	U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years	U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Event																								
LJ1	1st	2nd	3rd		4th	5th																		
LJ2													1st	2nd	3rd		4th	5th						
HJ1								4th	3rd		2nd	1st												
HJ2																				4th	3rd		2nd	1st
SP1						1st		2nd	3rd		4th	5th												
SP2																		1st		2nd	3rd		4th	5th
DT					1st	2nd		3rd	4th								5th	6th						
Turbo	1st												2nd											

SCHEDULE OF EVENTS: TRACK EVENTS

Day Four – Sunday, June 24, 2018

All Running Events will start at the designated time listed each day. All events, with the exception of the 100M Dash and 200M Dash, will be contested as **Timed Finals**.

		Girls													Boys											
		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years		U8	9 years	10 years		11 years	12 years		13 years	14 years		15-16 years	17-18 years
Time	**Event**																									
9:00 AM	1500M Run (Age Groups may be combined by gender)	X	X	X		X	X		X	X		X	X		X	X	X		X	X		X	X		X	X
	100M Dash Finals	X	X	X		X	X		X	X		X	X		X	X	X		X	X		X	X		X	X
	800M Run	X	X	X		X	X		X	X		X	X		X	X	X		X	X		X	X		X	X
	4x100M Relay	X		X			X			X		X	X		X		X			X			X		X	X
	200M Dash Finals	X	X	X		X	X		X	X		X	X		X	X	X		X	X		X	X		X	X
	4x400M Relay			X			X			X		X	X				X			X			X		X	X

SCHEDULE OF EVENTS: FIELD EVENTS

Day Four – Sunday, June 24, 2018

All Field Events will begin at 8:00 AM and follow a rolling schedule. For example: Shot Put Ring #1 will start with Primary Girls followed by Sub-Bantam Boys, Sub-Bantam Girls, Sub-Midget Girls, and Sub-Midget Boys. Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the Field Event official – ONLY - at the appropriate time. Field Event athletes will have 10 minutes to report back to their Field Event after their running event and be ready to compete.

Long Jump, Triple Jump, Shot Put, Discus and Javelin will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

DT – Discus JAV – Javelin H J (#) – High Jump (Pit) LJ(#) – Long Jump (Pit) SP(#) – Shot Put (Ring) PV – Pole Vault

	Girls												Boys											
	U8	9 Years	10 Years		11 Years	12 Years		13 Years	14 Years		15 -16 Years	17 – 18 Years	U8	9 Years	10 Years		11 Years	12 Years		13 Years	14 Years		15 – 16 Years	17 – 18 Years
Event																								
LJ1								4th	1st		2nd	3rd												
LJ2																				4th	1st		2nd	3rd
HJ1		1st	2nd		3rd	4th																		
HJ2														1st	2nd		3rd	4th						
SP1	1st	2nd	3rd		4th																			
SP2													1st	2nd	3rd		4th							
DT											6th	5th								4th	3rd		2nd	1st
Javelin								7th	5th		3rd	1st								8th	6th		4th	2nd
PV								1st	2nd		3rd	4th								5th	6th		7th	8th