

2024

Region 16

AAU Junior Olympic Games

Qualifying Meet



Multi-Events/Track & Field
June 19-22nd, 2024
Bentonville West High School
Wolverine Stadium
1351 Gamble Rd
Centerton, Ar 72719

www.region16yaa.org

16

Index

- 01**
 - Committee members
- 02**
 - Dates
 - Governance
 - AAU Requirements
 - Athlete Eligibility
- 03**
 - How to Enter
 - Entry Fee
 - Entry Deadline
- 04**
 - Age Divisions
- 05**
 - Proof of Age
 - Event Limits
 - Relay Limits
- 06**
 - Tent & Canopys
 - Food & Drink
 - Meet Program
 - Gate Admissions
 - Athletes
 - Parking
 - Restroom
- 07**
 - Inclement weather
 - T-Shirts
 - Check-In/Package Pickup
- 08**
 - Prohibited Items
 - Clean Up
 - Hydration
- 09**
 - Reporting for Events
 - Uniforms
- 10**
 - Bibs
 - Spikes
 - Awards
- 11**
 - Advancement to AAU Nationals
- 12**
 - Trainer
 - Access to Track & Infield
 - Warm Up Area
 - Coaches
 - Protest
 - False Starts
- 13**
 - Multi Events & Eligibility
- 14**
 - Weigh-In
 - Check-In Procedure
 - Check-Out Procedure
- 15**
 - Coaches Education



16

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16

General Information

DATES

Multi-Events: Wed , June 19 – Thu, June 20. T & F events: Wed June 19,
Thu June 20, Fri June 21 & Sat, June 22.
ALL EVENTS WILL RUN ON A ROLLING SCHEDULE.

GOVERNANCE

The Region 16 AAU Junior Olympic Track & Field Qualifier will be conducted under the AAU code guidelines and follow competitive rules of the NGB as modified and outlined in the AAU Youth Athletics Handbook (available at www.aauathletics.org)

This event is sanctioned by the Amateur Athletic Union of the US, Inc.

AAU MEMBERSHIP REQUIREMENTS

A current year AAU membership number is necessary to register for this meet. AAU membership fee is not included in the entry fee for this Meet. AAU membership can be obtained on-line at www.aausports.org. AAU membership must be obtained before the competition begins. Participants are encouraged to visit the AAU website. If you already have a Current AAU membership card from another AAU sport, you do not need to purchase another card.

All entrants must be prepared to show their AAU cards and Birth Certificate

ATHLETE ELIGIBILITY

The top sixteen (16) finishers in each individual & relay event shall advance from the District Qualifier to the Regional Qualifier. Competitors shall only advance from the District Qualifier into the Regional Qualifier in the events that they actually competed and qualified at the District level. Exceptions: Multi-Events & Steeplechase. Javelin & Pole Vault if not contested @ your District Qualifier Meet.



16

General Information

HOW TO ENTER

All registrations will be conducted on-line at www.coacho.com. Registration will close at 11:59 PM CST on Thursday, June 13 2024. Additions and corrections can be made until the entry deadline. NO CHANGES can be accepted after the deadline.

ENTRY FEE

The registration fee is \$30.00 per athlete for the Multi-Events. Entry fee for the Track & Field Meet is a separate \$30.00 fee. All Entry fees MUST be paid on-line with a credit card in order to complete the registration process.

ENTRY DEADLINE

All athletes must register on-line NO LATER than 11:59 PM CST, Thursday, June 13, 2024

ON-SITE & LATE REGISTRATIONS ARE NOT AVAILABLE AT THIS MEET.

16

General Information

AGE DIVISIONS

Participants will be divided into nine (9) age divisions for boys and nine (9) age divisions for girls. YEAR OF BIRTH determines the division in which the athlete must compete. Competing in the wrong division is grounds for immediate disqualification.

NOTE: Athletes who are eighteen (18) years of age through the final day of the AAU Jr. Olympic Games National Championship shall be eligible to compete in the 17 – 18 Years.

AAU Athletics Age Divisions

All age divisions are determined by Year of Birth
Effective 2024

8 and Under Born 2016 & After (Relay)	9yrs old Born 2015 (Relay only 9-10)	10yrs old Born 2014 (Relay only 9-10)
11yrs old Born 2013 (Relay only 11-12)	12yrs old Born 2012 (Relay only 11-12)	13yrs old Born 2011 (Relay only 13-14)
14yrs old Born 2010 (Relay only 13-14)	15-16yrs old Born 2008-09 (all events)	17-18yrs old Born 2006-07 (all events)



16

General Information

PROOF OF AGE

Proof of age may be required at District Qualifier, Regional Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

1. Original birth certificate
2. A notarized original birth certificate from the appropriate issuing authority
3. A US Military Government Identification Card
4. A valid (not expired) passport
5. A valid US driver's license

NOTE: Other forms of documentation, including, but not limited to, letters from public or private schools and/or city and state Parks & Rec Departments are not acceptable.

EVENT LIMITS

U8, 9 years, 10 years, 11 years, and 12 years: Maximum of 3 events

13 years, 14 years, 15-16 years, 17-18 years: Maximum of 4 events

NOTE: Any athlete who participates in more than his/ her age division's prescribed maximum number of events will be disqualified from this meet and WILL NOT be allowed to advance to the National meet in ANY events.

RELAY LIMITS

Participation of relay teams will be limited to those clubs which hold a current valid club membership in the AAU. Relay teams consist of four (4) members and may list up to four (4) alternates. All Relay Team members must be registered participants in the Meet.

Relays are conducted in the U8, 10 years, 12 years, 14 years, 15-16 years and 17-18 years divisions ONLY. The 9 years divisions may run in the 10 years divisions, the 11 years divisions may run in the 12 years divisions, and the 13 years divisions may run in the 14 years divisions only in the relays.

NOTE: Each entry in a relay is considered one of each of these athlete's individual entries and counts toward the maximum number of events allowed.

16

General Information

TENTS & CANOPIES

Tents and canopies will be permitted in designated areas in the bleachers and outside of the track. All clubs will be required to adhere to rules that will be strictly reinforced. Failure to comply will result in the removal of your tent(s)/canopies. You will be required to sign a Permission, Disclaimer, & Release of Liability agreement form prior to the start of competition for this RQM.

FOOD AND DRINK

There will be concessions available. Medium-sized coolers may be brought into the stadium. No glass containers are permitted.

MEET PROGRAM

A QR Code may be provided to help you access pertinent meet information.

GATE ADMISSIONS

June 19 – June 22: Payment Options: Debit or Credit Cards @ www.GoFan.Com. Ages 6 & up.
\$15 for 1 day, \$20 for 2 days, \$25 for 3 days, & \$30 for all 4 days

Athletes:

Wristbands & Bib Numbers provided with entry must be worn at all times for FREE entry into the Meet. Coaches: Club Coaches will be eligible for a few passes that will be determined based on the # on athletes' entries.

PARKING

Parking in designated areas for Officials & Handicapped. Special Bus Parking available.

RESTROOM

Stadium restroom facilities are located throughout the track and near main



16

General Information

INCLEMENT WEATHER

The safety of our athletes and guests is our primary concern. The Meet Director has the option of delaying or temporarily halting the meet in the event of bad weather (including extreme heat) and resuming when weather permits. The format of the meet may be adjusted after weather delay, if deemed appropriate by the Meet Director and the Games Committee. In the event of a meet stoppage or a delay in the start, the Meet Management Team will make announcements on start times.

T SHIRTS

AAU Qualifying Meet T-Shirts will be on sale.

CHECK-IN/PACKET PICK UP

Packets for both the Multi & Track & Field will be available for picked up @ the host hotel on Tue 6/18 from 2pm-7pm. Packet pickup from Wednesday – Saturday will be picked up @ the Track only.

Multi-Events Check-In will be open beginning one hour prior to the competition.

**Packet Pick-up for the Track & Field Meet will be open on:
Wednesday June 19, 8 AM – 5 PM Thursday, June 20, 8 AM – 4 PM, Friday, June 21, 6:30 AM – 1 PM and Saturday, June 22, 6:30 AM – 9 AM.**



16

General Information

•Prohibited Items

No Firearms, Smoking, or Alcohol are permitted on School Campus Property.

•Clean-Up

Clubs will be requested to place their trash in bags. Trash bags will be provided.

•Hydration

Hydration Stations will be located in the competition areas and will be restricted for the athletes & meet officials only.

16

ATHLETES & COACHES

REPORTING FOR EVENTS

Coaches, parents, and athletes are fully responsible for athletes reporting to their events on time. This meet will be run on a rolling schedule. It is not the fault of the Meet Management if any athlete misses his/her event.

Personal electronics (iPod's, cell phones, etc. are NOT permitted in the competition areas.)

NO EXCUSES WILL BE ACCEPTED.

UNIFORMS

There is no specific uniform required except as follows:

- In all events, competitors must wear clothing that is clean, designed and worn so as not to be objectionable.
- The clothing must be made of a material that is not transparent even if wet.
- Bare midriffs are not allowed. If the uniform is of a two-piece design (top and bottom), the top must either be tucked into the waistband or cover the waistband when the athlete is standing erect. A one-piece uniform must not allow for a bare midriff.
- Athlete's tops must be of the same color front and back.
- All participating relay team members must wear jersey's/tops of the same color, front and back. At Regional Qualifier and National Championships, all team participants shall wear shorts of the color, or in the case of one-piece uniforms, the bottoms of relay team uniforms should be of the same color.

Athletes are not allowed to wear smart watches or electronic items in the competition area.

- A competitor must wear footwear on both feet.
- The competitors must not wear clothing that could impede the view of the judges, except in cross country, when the weather is cold.

16

ATHLETES & COACHES

BIBS

Each athlete will be provided a Bib Number and wristband which are required for competition and admission. The replacement fee for lost/damaged bibs or wristbands is **\$10.00** each.

SPIKES

Only 1/4" spikes are allowed. Needle type spikes are prohibited.
Athletes will not be allowed to compete with spikes that do not comply.

AWARDS

First through Third place finishers in each division and event will be awarded AAU Medals.
Fourth through Sixth place finishers will be awarded ribbons.
Medals may be picked up 30 minutes after the results have been posted at the Awards Table.

Coaches & Parents of Unattached Athletes with passes, & 15-18yr old Unattached Athletes will be allowed to pick up awards.

16

General Information

ADVANCEMENT TO AAU NATIONALS

The top five (5) in Running Events & Relays, the top five (5) in Field Events, and the top three (3) in Multi Events division at the RQM Track & Field, and Multi Event Meet qualify to advance directly to the AAU Junior Olympic Games.

Junior Olympic Games to be held at:

**North Carolina A&T University
Truist Stadium
800 E Lindsay St
Greensboro, NC 27405**

Qualifiers for the AAU JO Games in Greensboro, NC, must declare and register for the meet online through www.coacho.com



16

General Information

TRAINER

A certified trainer(s) or medical professional will be onsite for all 4 days for the treatment of injuries and First Aid

ACCESS TO TRACK AND INFIELD

Only the Meet Director, meet workers, and competing athletes will be allowed on the field. Any unauthorized individuals on the track, or in the field, may result in a disqualification of their athlete or team or ejection of the unauthorized individual from the Meet

WARM UP AREA

Athletes may warm-up outside of the Stadium. No warm-ups will be allowed on the Track once the track has closed for competition

COACHES

A Coaches meeting will be held on Thursday @ 2 pm, for Coaches & Parents of Unattached Athletes, on the infield Prior to the start of the running section

PROTEST

Protest relating to matters which develop during the conduct of the meet must be made to the Referee in writing. Protest should be filed immediately; but in any case, not more than 30 minutes after the results have been posted. A \$75 cash deposit must accompany the protest. The Referee shall follow the current AAU Athletics Handbook and the current USATF Rulebook in rendering his/her decision. When the Referee renders a decision, there is still the right to appeal to the Jury of Appeals. The decision of the Jury of Appeals is final.

IF THE PROTEST IS DENIED, THE CASH DEPOSIT IS FORFEITED

FALSE STARTS

Except in combined events, any competitor(s) responsible for the false start shall be disqualified. For U8, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs and 14yrs age divisions, no penalty shall be imposed for the first false start, but the starter shall disqualify the offender for the second false start. False starts are called on individuals, not the field. In the 15-16yrs and 17-18yrs the athlete shall be disqualified upon the first false start.

16

ATHLETES & COACHES

MULTI EVENT ELIGIBILITY & EVENTS

Decathlon: 17-18 Men & 15-16 Boys

100M Dash, Long Jump, Shot Put, High Jump, 400M, 110M Hurdles, Discus, Pole Vault, Javelin,
1500M Run

Heptathlon: 17-18 Women & 15-16 Girls

100M Hurdles, High Jump, Shot Put, 200M, Long Jump, Javelin, 800M.

Pentathlon: 11-year Girls, 12-year Girls

80M Hurdles, High Jump, Shot Put, Long Jump, 800M Run.

Pentathlon: 11-year Boys, 12-year Boys

80M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run

Pentathlon: 13-year Girls, 14-year Girls

100M Hurdles, High Jump, Shot Put, Long Jump, 800M Run

Pentathlon: 13-year Boys, 14-year Boys

100M Hurdles, Long Jump, Shot Put, High Jump, 1500M Run

Triathlon: 9-year Boys, 10-year Boys

Shot Put, High Jump, 400M

Triathlon: 9-year Girls, 10-year Girls

Shot Put, High Jump, 200M Dash

16

ATHLETES & COACHES

WEIGH-IN

ALL implements MUST be checked into Implement Inspection (Implement Weigh-In) not later than two hours before the POSTED start of competition for that event. Certified implements will be moved to the competition site one hour before the start of competition. Any implement arriving for inspection after the check-in cutoff will be held until after the conclusion of ALL competition (Finals included) for that particular event. The equipment must be checked in the day before on any competition scheduled for 8am the next day. No Exceptions.

CHECK-IN PROCEDURE

2 HOURS Before POSTED Event START- ALL Implements MUST be checked in to the Implement Inspection.

1 HOUR Before POSTED Event Start- ALL CERTIFIED Implements will be moved to the competition site.

ALL IMPOUNDED implements will remain in the Implement Inspection Area until the conclusion of competition for that particular event.

ANY implement arriving after the above check-in cut-off cannot be guaranteed arrival at the competition site.

CHECK-OUT PROCEDURE

1 HOUR after conclusion of ALL competition for a particular event, implements will be moved from the completion site to the Implement Inspection area.

2 HOUR after conclusion of ALL competition for a particular event, implements (Both certified and impounded) can be picked up at the Implement Inspection area.

Implementations Inspection Hours:

Tues-Thur 7 am-6 pm; Fri 7 am-5 pm; Sat 7 am- 12 pm

If an athlete is scheduled to compete @ 8 am the next day, the equipment must be checked in on the previous day. NO EXCEPTIONS

16

ATHLETES & COACHES

COACHES EDUCATION

The AAU National Office is happy to announce to its members, FREE Coaches Education for all AAU Non-Athletes. This exciting program is MANDATORY for all AAU Non-Athletes and will be administered by Positive Coaching Alliance(PCA). Please visit www.aausports.org and click on "Join Now "to enter and take the MANDATORY AAU/PCA coaches educational course. Membership may be revoked from non-athletes who do not complete the course prior to competition.